# Course Description

Intensive, in-depth examination of real-world medical care organization topics and problems. Emphasis on the development of health planning and policy strategies and their implementation.

# Course Outcomes (CO)

* **CO1**:Examine the components of the healthcare system, including managed care models, Medicare, and Medicaid. (LO2, 3, 4)
* **CO2**:Analyze the role of lifestyle trends in personal health and their impact on healthcare. (LO1, 2, 3, 4)
* **CO3**:Differentiate the role of hospitals and providers throughout history to present day. (LO2, 3)
* **CO4**:Compare the various services and options available to the aging community. (LO1, 2, 4)
* **CO5**:Rate the impact of the Affordable Health Care Act. (LO2)

# Program Learning Outcomes (PLO)

* **PLO1**: The ability to clearly and effectively prepare written business communications. (ULO 1, 2, 4)
* **PLO2**: Business students will apply knowledge and skills to make appropriate business decisions. (ULO 1, 2, 3, 4)
* **PLO3**: The student will be able to apply ethical and moral decision-making principles to business situations. (ULO 2, 3, 4)
* **PLO4**: The student will demonstrate decision-support tools required for business professionals. (ULO 2, 3, 4)
* **PLO5:** The student will demonstrate the ability to find, evaluate, and apply sources of information relevant to business issues and situations. (ULO 1, 2, 4)

**University Learning Outcomes (ULO)**

* **ULO1:** Knowledge of Human Cultures and the Physical and Natural World
* **ULO2:** Intellectual and Practical Skills
* **ULO3:** Personal and Social Responsibility
* **ULO4:** Integrative and Applied Learning­
* **ULO5:** Immersed in the Critical Concerns of the Sisters of Mercy of the Americas

**Student Expectations**

Students are expected to:

* Ask probing and insightful questions related to course content.
* Make meaningful and relevant connections and applications to their own learning process.
* Be productive and contributing members of class discussions.

# Required Course Materials

Yesalis, C. E., Holt, H. D., & Politzer, R. M. (2013). *Fundamentals of US health care: Principles and perspectives* (1st ed.). Clifton, NY: Delmar Cengage Learning.

# Suggested Point Values

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Assessment** | **Point Value** | **Due** |
| **Week 1** | |  |  |
|  | Participation: Learning Activities | 30 | <insert due date> |
|  | Comparison Chart | 10 | <insert due date> |
|  | Healthcare at a Glance Blog | 40 |  |
|  | Medicare and Medicaid Report | 20 |  |
| **Week 2** | |  |  |
|  | Participation: Learning Activities | 25 | <insert due date> |
|  | U.S. Health Status | 10 |  |
|  | Discussion on Smoking | 10 |  |
|  | Interview With An Older Adult | 10 |  |
|  | Alternative Medicine Policy | 10 |  |
|  | Timeline Presentation | 35 |  |
| **Week 3** | |  |  |
|  | Participation: Learning Activities | 30 | <insert due date> |
|  | Hospital Background | 15 |  |
|  | Ch. 5 Review Questions | 15 |  |
|  | Health Facilities Report | 40 |  |
| **Week 4** | |  |  |
|  | Participation: Learning Activities | 20 | <insert due date> |
|  | Nursing Homes | 30 |  |
|  | Market Your Facility | 40 |  |
|  | Journal Entry | 5 |  |
|  | Ch. 7 Review Questions | 5 |  |
| **Week 5** | |  |  |
|  | Participation: Learning Activities | 45 | <insert due date> |
|  | Health Reform Hits Main Street | 10 |  |
|  | National Health Insurance History | 25 |  |
|  | Private Versus Public Sector | 5 |  |
|  | Personal Perspective | 10 |  |
|  | Ch. 16 Review Questions | 5 |  |
| **Total Points** | | **500** |  |

# Course Schedule

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| --- | --- | --- |
| **Week** | **Start** | **End** |
| One | <insert start date> | <insert end date> |
| Two |  |  |
| Three |  |  |
| Four |  |  |
| Five |  |  |

# Weekly Learning Modules

|  |  |  |  |
| --- | --- | --- | --- |
| Week One: U.S. Healthcare System | |  | |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Examine the role of the U.S. healthcare system throughout history to present time, concentrating on quality, cost, access, stakeholders, and health services. | | CO1, 3 | |
| * 1. Describe the history of Medicare and Medicaid. | | CO1, 2, 3, 4, 5 | |
| * 1. Analyze the components and challenges involved with Medicare and Medicaid. | | CO1, 2, 3, 4, 5 | |
| * 1. Describe the history and development of managed care. | | CO1, 2, 3, 5 | |
| * 1. Explain the impact of managed care models to patients and providers with a focus on reimbursement and benefits. | | CO1, 2, 3, 5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Read** Ch. 1, 8, & 12 of *Fundamentals of US Health Care*. | | 1.1, 1.2, 1.3, 1.4, 1.5 |  |
| **Interview with a Senior Preparation**  In Week 2 you have an assignment that requires you to interview a senior (over 50 years old) about lifestyle trends throughout the years in the United States.  **Review** the assignment due in Week 2.  **Identify** an individual willing to be interviewed and prepare questions to ask.  *Note*: You do not need to submit anything this week for this specific assignment. | | 2.4 |  |
| **Medicare**  **Review** the Kaiser Family Foundation Medicare website: [www.kff.org/medicare/index.cfm](http://www.kff.org/medicare/index.cfm)  **Click** on Graphics & Interactives at the top.  **View** the video “The Story of Medicare: A Timeline.”  **Respond** to the following:   * What is the evolution of Medicare? What is your opinion about the overall Medicare program? How do you feel about the amount spent on Medicare?   **Review** the responses of two other students and explain why you agree or disagree with their findings. | | 1.2, 1.3 | Lecture Activity = 1.5hr |
| **Medicaid**  **Review** the Kaiser Family Foundation Medicaid website: [www.kff.org/medicaid/index.cfm](http://www.kff.org/medicaid/index.cfm)  **Scroll** down to the section **The Essentials**.  **Click** on **Medicaid: A Primer**.  **Download** the PDF document *Primer*.  **Read** the Introduction (pp. 1 & 2) and the section “What Is Medicaid?” (pp. 3-6) of *Primer*.  **Return** to the Medicaid website and click on **Graphics & Interactives**.  **Click** the box **Quiz** within the Content Type section on the left-hand side.  **Complete** the Medicaid Quiz.  **Record** the questions that you got wrong. Research further into areas you got wrong to learn more about the section. After researching, complete the quiz a second time to see if your score improved.  **Answer** the following in a discussion:   * From your initial score of the quiz, what question(s) did you answer incorrectly? What did you learn after doing further research into the area? Did your score improve? * If you answered the quiz perfectly the first time, choose two areas that you find interesting about Medicaid. Research further on those two areas and share additional information that you learned.   **Respond** to the findings of two other students, explaining what you found interesting about their information. Share your personal opinion on Medicaid. | | 1.2, 1.3 | Lecture Activity = 1.5hr |
| **Managed Care Discussion**  **Review** pp. 278–283 from the section “History of Managed Care” in Ch. 12 of *Fundamentals of US Health Care*.  **Answer** the following:   * What are the major changes that led to the development of managed care? What are the different models? How do the models differ from one another in terms of what they offer?   **Respond** to the answers of two other students explaining which managed care model provides more advantages for the patient and why. | | 1.4, 1.5 | Discussion Board = 1hr |
| **Week 1 Opinion Matters**  After knowing more about healthcare and the challenges involved, it is important to share your opinion on the matter. Each week you will be asked your personal stance on the topic presented within the “Opinion Matters” activities.  **Answer** the following in 100 to 150 words:   * Does the Affordable Care Act help Medicare patients? Why or why not?   **Respond** to the perspectives of two other students explaining why you agree or disagree with their findings on the topic. | | 1.3 | Discussion Board = 1hr |
| **Total** |  |  |  |
| ***Assignment****: Students must complete the weekly assignment(s).* | | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Comparison Chart**  **Complete** the Comparison Chart to compare past and present healthcare services. **Submit** your chart. | | 1.1, 1.4 | Problem Solving = 1hr |
| **Healthcare at a Glance Blog**  You have been newly hired by the Human Resources department to go over the managed care models for new employees. With all the changes, complications, and challenges related to healthcare, you want to relay the most important information in an engaging manner.  **Choose** a healthcare plan (e.g., AETNA). Research the company and benefits and review the textbook on managed care models.  **Use** LucidPress ([www.lucidpress.com](http://www.lucidpress.com)) to create a digital brochure or newsletter that provides basic information about the different managed care models offered.  **Create** a free LucidPress account and review the tutorials offered within the site to create your digital document.  Make sure to save your file.  **Include** the following information in your brochure or newsletter:   * Background and history of managed care * Benefits provided (e.g., wellness, preventative care, etc.) * Reimbursements (i.e., physician and consumer)   When complete, click **Publish** on the top right-hand side of the page. A separate screen will pop up, and click **Publish** again. A link will then appear; copy the link provided under the Published Link section.  **Post** the Published Link into a blog post to share with the class.  **View** the links of two other students and explain what you found helpful in their brochures or newsletters. Share any additional information omitted from their publication.  *Note*: If you wish to use a different format, such as PowerPoint, to present your information, you must get prior instructor approval. | | 1.4, 1.5 | Blog = 2hr |
| **Medicare and Medicaid Report**  **Review** the Medicare ([www.kff.org/medicare/index.cfm](http://www.kff.org/medicare/index.cfm)) and Medicaid ([www.kff.org/medicaid/index.cfm](http://www.kff.org/medicaid/index.cfm)) websites and this week’s readings.  **Write** a 350- to 700-word report that provides an overview of Medicare and Medicaid.  **Include** the following in the report:   * Brief history of the development of Medicare and Medicaid. * Description of both plans * Current challenges facing Medicare and Medicaid, and how those challenges affect patients.   **Format** your report according to APA guidelines. | | 1.2, 1.3 | Paper = 1hr |
| **Total** |  |  | **9hr** |
| **Notes** |  | | |

**Faculty Notes**

**Healthcare at a Glance Blog:** In this assignment, students submit digital documents using LucidPress.com ([www.lucidpress.com](http://www.lucidpress.com)). LucidPress.com is a free forum used to create digital documents; it contains templates such as newsletters, flyers, brochures, etc.

* For students to show their work, remind them to click on the **Publish** button on the top right-hand side. A link will be generated and students should use that link to post to the blog. Through this feature, members are able to view each other’s works freely, without having to log in.
* Tell students NOT to use the **Share** options to generate a link, because the link created would require students to log in to view the completed work. This option is more complicated as it provides more features to allow members to share and work off the same document.

It is highly recommended that you also create a free account with LucidPress to learn how to create digital documents and to be able to assist students in their studies.

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| Week Two: Lifestyles and Its Impact on Healthcare | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Explain the factors that influence health status. | | CO1, 2 | |
| * 1. Summarize the White House Commission on Complementary and Alternative Medicine Policy with a focus on its impact in the workplace and on children and older adults. | | CO2, 4, 5 | |
| * 1. Determine the impact diabetes, smoking, obesity, cardiovascular disease, and other similar conditions have on the healthcare system. | | CO2, 3, 4, 5 | |
| * 1. Evaluate the role personal lifestyles and choices have had on healthcare over the past 60 years. | | CO1, 2, 5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Read** Ch. 2 of *Fundamentals of US Health Care*. | | 2.1, 2.3 |  |
| **Read** the sections below within the White House Commission Complementary and Alternative Medicine Policy (CAM) <http://www.whccamp.hhs.gov/pdfs/fr2002_chapter_8.pdf>:   * Wellness and Health Promotion for Children, (pp. 126–128) * Wellness and Health Promotion in the Workplace, (pp. 128–129) * Federal/ State Programs and Systems (pp. 130–131) * Public and Private Programs and Systems (p. 131) | | 2.1, 2.2, 2.3 |  |
| **Lifestyle Management**  **Review** the video “TEDxMaastricht\_LuukSimons – ‘From disease management to lifestyle management’” at <http://youtu.be/ukK-4UR3eRc>  **Answer** the following questions based on the video:   * How much does lifestyle contribute to disease in our overall health? What are the personal and national issues we face with our health? Is there hope for change? What are your personal feelings on the matter?   **Respond** to the findings of two students explaining why you agree or disagree with their stances. | | 2.1, 2.3, 2.4 | Lecture Activity = 1hr |
| **Your Health**  **Watch** the video on “Metro Center Outlook: The Impact of a Healthy Lifestyle” <http://ytchannelembed.com/video.php?id=15QuLI2XJeQ#.U0RDuFdoH18>  The video discusses health insurance, diet, and healthy living with three individuals.  **Complete** the following task after viewing the video:   * *Speaker Mark Hertling*   Write one fact you learned from this speaker and answer the following: What are the factors that have led our population down an unhealthy road? What do you feel we need to do to reverse this?   * *Speaker Dr. Earnest Cook*   Write one fact you learned from this speaker and answer the following: Dr. Cook predicts that by 2023 there will be a 42% increase in the prevalence of chronic diseases. Do you agree or disagree with that statement? Why? Do you see yourself developing a chronic disease?     * *Speaker Dawn Napoli*   Write one fact you learned from this speaker and answer the following: What are some of the lifestyle choices that have harmful or positive impacts our health?  **Review** the findings of two other students and share if you agree or disagree with what the speakers are saying. Do you see yourself falling into the statistics they shared regarding an unhealthy lifestyle? | | 2.1, 2.3, 2.4 | Lecture Activity = 1.5hr |
| **Week 2 Opinion Matters**  This week’s Opinion Matters deals with the American lifestyle. Based on what you have learned this week about eating habits and lifestyles, share your outlook regarding our current health choices.  **Answer** the following in 100 to 150 words:   * Is the American lifestyle dangerous to one’s health? Explain your rationale and provide examples.   **Respond** to the opinions of two other students explaining why you agree or disagree with their findings. Provide examples in your responses. | | 2.1, 2.4 | Discussion Board = 1hr |
| **Total** |  |  |  |
| ***Assignment****: Students must complete the weekly assignment(s).* | | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **U.S. Health Status**  **Review** Ch. 2of *Fundamentals of US Health Care*.  **Complete** Review Questions 2, 10, 12, 13, & 14 on p. 45 of the reading. Answer each question in complete sentences.  **Use** at least one outside source to elaborate on your answers.  **Cite** your source according to APA guidelines. | | 2.1, 2.3 | Lecture Activity = 1.5hrs |
| **Discussion on Smoking**  **Review** the old Flintstones commercial on smoking: <http://youtu.be/WWoYasP_nmQ>  **Watch** the following clip regarding the campaign to stop smoking: <http://youtu.be/wOPYoalGL9k>  **Respond** to the following in 200 to 250 words:   * How is smoking seen in the past compared to current times? How does cigarette usage contribute to the nation’s patterns of mortality throughout time? Do you see improvements? Why or why not?   **Respond** to the posts of other students explaining whether you agree or disagree with their findings. | | 2.3 | Lecture Activity = 1hr |
| **Interview With An Older Adult**  **Interview** an older adult (over 50 years old) about lifestyle changes in the United States. The lifestyle and healthcare changes need to focus on the United States in at least the last 50 years.  **Gather** the following information from the interview:   * Background of the interviewee (age, name, current or past occupations, etc.) * Lifestyle (eating habits, exercise, stress level, etc.) as a teen (13–19 yrs.) * Lifestyle as a young adult (20–30 yrs.) * Lifestyle as an adult (30–49 yrs.) * Current lifestyle   **Summarize** your findings in 350 to 500 words. Make a clear comparison between the times. Consider improvements, changes, and anything that has gotten worse in terms of the senior’s lifestyle and health.  **Post** your summary in the journal. | | 2.4 | Journal = 1hr |
| **Alternative Medicine Policy**  **Review** the White House Commission Complementary and Alternative Medicine Policy (CAM) <http://www.whccamp.hhs.gov/pdfs/fr2002_chapter_8.pdf> and pay attention to the following sections:   * Wellness and Health Promotion for Children, (pp. 126–128) * Wellness and Health Promotion in the Workplace, (pp. 128–129) * Federal/State Programs and Systems (pp. 130–131) * Public and Private Programs and Systems (p. 131)   **Answer** the following questions in 250 to 350 words:   * What role do the CAM practices such as acupuncture, biofeedback, yoga, massage, tai chi, nutritional and stress management programs have in helping achieve our national health goals? Focus your answer on adults in the workplace. * How can we utilize the CAM principles in transforming unhealthy lifestyles among our youth?   **Write** an opinion piece in 100 to 150 words on your perspective of the CAM. | | 2.1, 2.2, 2.3 | Problem Solving = 1hr |
| **Timeline Presentation**  Consider how chronic diseases have been driving healthcare costs to new heights.  **Create** a PowerPoint presentation on how lifestyles have changed over the years and how lifestyles affect chronic diseases such as asthma, diabetes, obesity, and cardiovascular disease. In addition to diet, evaluate the changes in eating and sleep habits, stress, etc. Include alternative methods to improve a person’s state of health.  **Start** the timeline from the 1950s and end at present day. You can choose any time increment (e.g., every 5 years) or you can choose random years throughout the decades.  Be creative in this presentation; there is no slide count. Your emphasis should be on depth and breadth of knowledge and the use of creativity. Microsoft PowerPoint contains several timeline templates that you can use or you can find additional formats online.  **Upload** your presentation to your Google Drive account and post a link within the body of the assignment section of Blackboard. Follow the tutorial below for instructions on using Google Drive.  *Uploading and Sharing Files Through Google Drive*  **View** the Google Drive Tutorial [2:21] located at <https://vimeo.com/82113892>. | | 2.1, 2.2, 2.3,2.4 | Project Presentation = 1hr |
| **Total** |  |  | **9hrs** |
| **Notes** |  | | |

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| Week Three: Hospitals and Physicians | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Analyze the role of ethics in healthcare. | | CO1, 3, 4, 5 | |
| * 1. Examine the development and current state of the hospital system and its challenges. | | CO1, 2, 3, 4 | |
| * 1. Differentiate health services provided in outpatient settings from those provided in inpatient and long-term care settings. | | CO1, 2, 4, 5 | |
| * 1. Differentiate between profit and nonprofit facilities and their financial issues. | | CO1, 3, 4, 5 | |
| * 1. Analyze how the role of physicians has changed over time, focusing on reimbursement, training, and practice patterns. | | CO1, 2, 3, 4, 5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Read** pp. 95-110 in Ch. 5 and pp. 191-201 in Ch. 9 of *Fundamentals of US Health Care*. | | 3.1, 3.2, 3.3, 3.4, 3.5 |  |
| **Nursing Homes Preparation**  In Week 4, you are expected to interview a local nursing home employee that knows the overall care and function of the facility.  **Review** the assignment due in Week 4.  **Begin** preparing to interview the employee to ensure timely completion of the assignment.  *Note*: You do not need to submit anything this week for this specific assignment. | | 4.1, 4.3, 4.4 |  |
| **Physicians of the Future**  **View** the video “Training Tomorrow’s Doctors” at <http://www.economist.com/node/21556538>.  **Answer** the following:   * How might physicians look in 2030? What might the role of the doctor be in the future? What type of training would they need and how long might that training take? * What are some of the advantages and disadvantages of a physician of the future? What role would ethics play in this new type of environment?   **Review** the responses of two other students and explain whether or not you agree with the visions described in the video and by your classmates. | | 3.1, 3.2, 3.5 | Lecture Activity = 1hr |
| **Life Support**  **Read** the article “Pregnant, and Forced to Stay on Life Support” at <http://www.nytimes.com/2014/01/08/us/pregnant-and-forced-to-stay-on-life-support.html?_r=0>  **Write** an opinion piece on the discussion board that states whether you favor the family or the hospital’s position that supports the state law. Explain.  **Review** the responses of two other students and state why you agree or disagree with their stances. | | 3.1 | Case Study = 1hr |
| **ER**  The show *ER* is a TV drama that features the crises doctors face in the emergency room. Medical concerns are not the only dilemma they encounter—ethics is a major focus as well.  **Review** the video “Ethics Video” at <http://www.youtube.com/watch?v=EsvxAFvSgTI> that includes scenes from *ER*.  **Respond** to the following:   * State three ethical violations from video. How could the situation be handled differently? What would you do if you were in that scenario?   **Respond** to the findings of two other students and state whether you agree or disagree with their findings. | | 3.1 | Case Study = 1hr |
| **Week 3 Opinion Matters**  **Research** further on how direct marketing affects healthcare providers (e.g., hospitals, nursing facilities, physician groups, etc.).  **Find** an article related to direct marketing and its effects on healthcare.  **Post** the link in a discussion message to share with the class and provide a summary of the article. Then answer the following:   * Is direct marketing important for healthcare providers? How does direct marketing affect for-profit and nonprofit facilities? Explain your reasoning, using points from the article as support.   **Review** the findings of two other students and how you relate to their post. | | 3.2, 3.4, | Discussion Board = 1hr |
| **Total** |  |  |  |
| ***Assignment****: Students must complete the weekly assignment(s).* | | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Hospital Background**  **Review** Ch. 9 of the textbook readings.  **Write** a 300- to 350-word paper about the different types of hospitals.  **Include** the following:   * A brief history of how hospitals came about * A description of six types of hospitals * A description of patient types and services provided for each hospital * Identify if the hospital is for-profit or nonprofit   **Submit** the assignment. | | 3.2, 3.3, 3.4 | Reflection paper = 1hr |
| **Ch. 5 Review Questions**  **Review** Ch. 5 of the textbook readings, paying special attention to pp. 95–110.  **Answer** Review Questions on 1, 2, & 3 on p. 124 at the end of Ch. 5. | | 3.3, 3.5 | Problem Solving = 1hr |
| **Health Facilities Report**  **Research** a long-term care facility and a local hospital.  **Write** a 750- to 1050-word report that includes the following:   * A comparison of services for a non-profit versus a for-profit facility, including the profit type of the two facilities * Current state of the facilities, focusing on services provided both on an inpatient and outpatient basis * Evaluation of their financial position * Ethical issues related to the chosen facilities. If there are no ethical issues, identify potential issues that they might encounter based on your studies.   **Email** your instructor if you have any questions about your research.  **Submit** your assignment. | | 3.1, 3.2, 3.3, 3.4 | Library Research = 1.5hrs |
| **Total** |  |  | **7.5hrs** |
| **Notes** |  | | |

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| Week Four: Long-Term Care | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Identify the influences in long-term care and the classification of patients. | | CO1, 2, 3, 4, 5 | |
| * 1. Differentiate between institutional and community-based providers. | | CO1, 2, 4 | |
| * 1. Describe available reimbursement based on patient criteria. | | CO1, 2, 3, 4, 5 | |
| * 1. Analyze the challenges and legal issues regarding long-term care. | | CO1, 3, 4, 5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Read** Ch. 7 of *Fundamentals of US Health Care*. | | 4.1, 4.2, 4.3, 4.4 |  |
| **Long-Term Care Blog**  Long-term care trends are changing for the growing population of older citizens. There is a shift toward home health services and keeping loved ones at home.  **View** the video “Where Do People Get Long Term Care?”: [www.youtube.com/watch?v=EzovXyf3QrI](http://www.youtube.com/watch?v=EzovXyf3QrI)  **Research** further on the topic of home health services.  **Provide** a 100- to 150-word short response to the changing and expanding role of home health services, the challenges they face, and types of reimbursement provided.  **Respond** to the findings of two other students and state how your responses may relate. Provide your opinion on the matter based on what you have learned. | | 4.1, 4.2, 4.3, 4.4 | Blog = 1hr |
| **Basics of Long-Term Care**  **Explore** the LongTermCare.gov website <http://longtermcare.gov/the-basics/>. View videos and articles to learn the basics about long-term care.  **Answer** the following:   * What are the criteria for long-term care patients? What are factors that affect the cost of long-term care? Currently, what are the statistics involved in people receiving long-term care services (nursing home, home care aide, etc.)?   **Respond** to the findings of two students and explain what you find interesting about their post. | | 4.1, 4.2, 4.3 | Lecture Activity = 1hr |
| **Week 4 Opinion Matters**  **Answer** the following questions:   * Do you believe in long-term care insurance? Elaborate on your stance. * What is long-term care insurance? What are the benefits of having this insurance? What are the challenges and legal issues, if any?   **Respond** to the findings of two students and state how you may or may not agree with them. | | 4.1, 4.4 | Discussion Board = 1hr |
| ***Assignment****: Students must complete the weekly assignment(s).* | | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Nursing Homes**  **Locate** anursing home in your area and interview a staff member (marketing director, admissions director, human resources personnel, etc.) who knows the overall care and function of the facility.  If you are unable to interview someone, or if the interviewee is unable to provide sufficient information, research further.  **Write** a 1,050- to 1,400-word research paper that includes the following:   * Whether the nursing home is privately or publicly owned * How the facility differs in the quality of care from either privately or publicly owned (i.e., if publicly owned, compare with a privately owned and vice versa) * Typical residents or patients and their needs * Services they provided * Types of services they currently provide * Goals for the future * Financial obligations from the patients or residents * Recent challenge or legal issues the facility has encountered   **Format** your research paper according to APA guidelines.  **Submit** your paper. | | 4.1, 4.3, 4.4 | Project = 2hr |
| **Market Your Facility**  You are newly hired marketing director for an assisted-living facility. The facility hired you because they need further exposure to increase profit. They want you to create some kind of documentation to attract new and potential customers.  **Create** a brochure or presentation using LucidPress ([www.lucidpress.com](http://www.lucidpress.com)).  **Include** the following:   * Name of the facility * Mission statement * Types of services * Costs and reimbursement options * Types of patients   When complete, click **Publish** on the top right-hand side of the page. A separate screen will pop up, and click **Publish** again. A link will then appear, copy the link provided under the Published Link section.  **Post** the Published Link into a blog post to share with the class.  **Review** the presentation of at least three students and provide constructive feedback on what you learned and how your content compares.  *Note*: If you choose to use a different format such as Microsoft PowerPoint or Word to present your information, you must get instructor approval. | | 4.1,4.2,4.3 | Presentation Project = 2hr |
| **Journal Entry**  Long-term care is an important topic to plan ahead of time, but many Americans are not ready to confront the issue. Consider your current life: If you needed long-term care tomorrow, how prepared would you and your family be?  **Respond** to the following in your journal:   * If you needed long-term care tomorrow, how would you get it? How are you currently covered? What areas of your life would you change to better prep for long-term care? * How are things currently being paid for (e.g., car and home payments)? What do you need to do to improve that? | | 4.2, 4.3, 4.4 | Journal = 1hr |
| **Ch. 7 Review Questions**  **Review** Ch. 7 *Fundamentals of US Health Care*. Focus on mental health patients (pp. 164–165).  **Answer** Review Questions 9 & 10 on p. 167. Answer each in complete sentences.  **Submit** your assignment through Blackboard. | | 4.1 | Problem Solving = 1hr |
| **Total** |  |  | **9hrs** |
| **Notes** |  | | |

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| Week Five: Healthcare Today | |  |  |
| ***Learning Objectives*** | | ***Alignment*** | |
| * 1. Explain the progression and challenges of national health insurance. | | CO1, 3, 4, 5 | |
| * 1. Evaluate the pros and cons of the Affordable Care Act of 2014. | | CO1, 2, 3, 4, 5 | |
| ***Required Learning Resources and Activities****: Students must complete any resources activities listed in this section as selected by the instructor.* | | ***Alignment*** | ***Pages/AIE/***  ***Generic*** |
| **Read** Ch. 16 of *Fundamentals of US Health Care*. | | 5.1, 5.2 |  |
| **Your Healthcare Program Blog**  You have been called by the President of the United States to design a national healthcare program that will focus on cost, quality, and accessibility. You may use aspects of the current Affordable Care Act and make adjustments based on your interests, or create your own ideas.  **Provide** details in the blog regarding the plan and structure of this program.  **Explain** why your plan is better than the current national healthcare program.  **State** some of the potential challenges your plan may encounter.  **Review** the ideas of two students explaining what you find interesting about their ideas and whether you agree or disagree with their stance. | | 5.1,5.2 | Blog = 1hr |
| **Healthcare Reform**  **View** video “Illustrating the Success of Health Care Reform”: <http://www.medcitynews.com/2012/01/health-reform-explained-in-a-cartoon-video>.  **Answer** the following questions:   * What is one thing you learned from the video? Should young adults be forced to sign up for insurance, or should they be given the choice? Are Medicare patients better off with the new act, or was the old approach better?   **Respond** to two other students explaining how you may or may not agree with their stance. | | 5.2 | Lecture Activity = 1hr |
| **Week 5 Opinion Matters**  **Answer** the following question:   * Should large businesses continue to provide healthcare benefits at a loss? Explain your rationale in light of the Affordable Care Act.   **Respond** to the opinions of two students and how you may or may not agree with them. | | 5.2 | Discussion Board = 1hr. |
| **Total** |  |  |  |
| ***Assignment****: Students must complete the weekly assignment(s).* | | ***Alignment*** | ***Points/AIE/***  ***Generic*** |
| **Health Reform Hits Main Street**  **View** the following video: <http://youtu.be/3-Ilc5xK2_E>.  **Answer** the followingin 200 to 250 words:   * What is your overall opinion of the plan? What are your concerns? What impact will the act have on small businesses? What effect will it have on Medicaid, and is it really an affordable plan, as its name indicates?   **Review** the responses of other students and share your fears and hopes of the plan. | | 5.2 | Lecture Activity = 1hr |
| **National Health Insurance History**  **Create** a historical chart on the history of national health insurance, from inception to the present.  **Focus** your attention on the challenges and whether you agree or disagree with the program changes throughout history.  **Submit** your chart.  *Note:* You may use a template from Microsoft Word or PowerPoint or create one on your own. | | 5.1,5.2 | Library Research = 1hr |
| **Private Versus Public Sector**  **Describe** from your perspective the appropriate roles of the private sector versus the federal, state, and local government (i.e., should private sector have more control, or government) with regard to the nation’s healthcare system.  **Write** a 200- to 250-word short response paper on your opinion using information gained from the course.  **Provide** rationale and citations to support your stance.  **Submit** your assignment. | | 5.1, 5.2 | Reflection Paper = 1hr |
| **Personal Perspective**  **Interview** a young student, a family, an older adult, a private business owner, or a single or married individual working for a corporation about the Affordable Care Act (ACA).  **Ask** them questions regarding the following:   * How has the Affordable Care Act impacted their life? If it has impacted their life, how? If not, why not? Does the new plan offer them an advantage or disadvantage? What are their future concerns for the program?   If you are unable to interview someone, you may use yourself to answer the questions. Research further on the topic to better answer the questions. Provide a short description of the person interviewed; names are not required.  **Write** out the responses to the questions in summary format.  **Submit** the summary of the interview. | | 5.2 | Reflection Paper = 1hr |
| **Ch. 16 Review Questions**  **Review** Ch. 16 of the textbook.  **Answer** Review Questions 1, 2, 3, 5, 8, 9, 10 on p. 371. Answer each in complete sentences.  **Submit** your assignment. | | 5.1, 5.2 | Problem Solving = 1hr |
| **Total** |  |  | **8hrs** |
| **Notes** |  | | |

# Breakdown of Academic Instructional Equivalencies

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| **Week 1** |  |  |
| Required |  | 9 |
| Supplemental |  |  |
|  |  |  |
| **Week 2** |  |  |
| Required |  | 9 |
| Supplemental |  |  |
|  |  |  |
| **Week 3** |  |  |
| Required |  | 7.5 |
| Supplemental |  |  |
|  |  |  |
| **Week 4** |  |  |
| Required |  | 9 |
| Supplemental |  |  |
|  |  |  |
| **Week5** |  |  |
| Required |  | 8 |
| Supplemental |  |  |
|  |  |  |
|  |  |  |
| **Total Required Hours** |  | 42.5 |
| **Total Supplemental Hours** |  |  |
| **Total Hours** |  |  |